



Walking for pleasure

Walking is a cheap, safe and enjoyable way of staying healthy that can be done at almost any time. To make your walks even more enjoyable you can:

- Walk with a friend or in a group
- Vary your walking routes

Some more tips for your wellbeing

- Wear light, loose, comfortable clothing and comfortable well-cushioned flat sole shoes
- Avoid the hottest times of the day
- Don't walk when you are feeling ill
- Try to make time for gentle stretching exercises before and after you walk
- Always wear a hat and apply sunscreen
- Be visible by wearing light coloured clothing when walking in the dark
- Drink liquids before, during and after walking

Walking in your municipality

The City of Moonee Valley has produced a series of do-it-yourself walks, designed to encourage people of all ages to discover the history and beauty of our municipality.

Getting involved

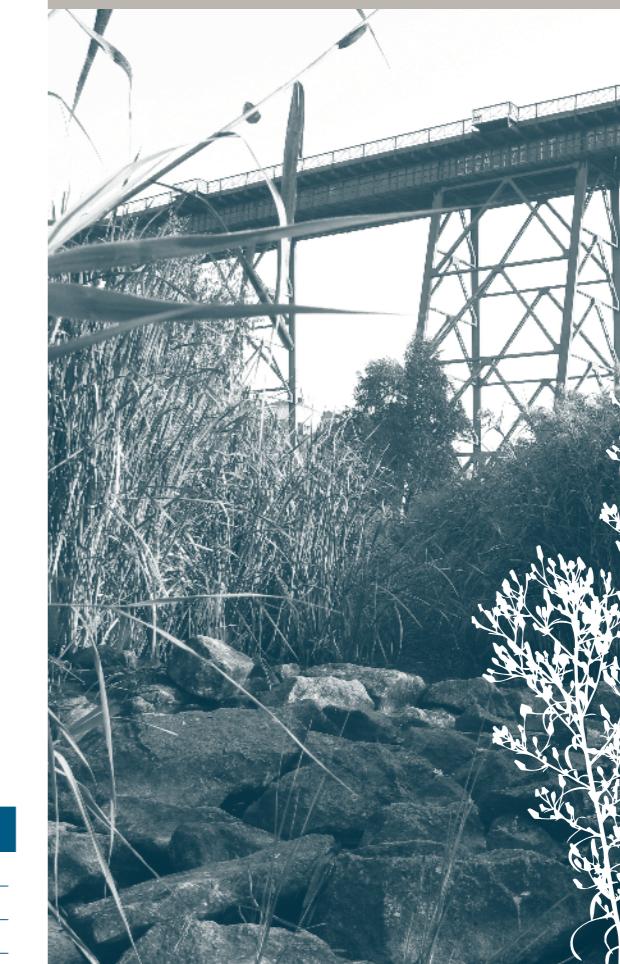
There are a number of walking groups, bicycle groups, and other recreation groups in the City of Moonee Valley. For further information and contact details, call Council on 9243 8888.

Other walks

Moonee Ponds Heritage Trail, Woodlands and Napier Parks Walking Trail, AJ Davis Walking Trail, Queens Park Heritage Trail, Maribyrnong River Walking Trail.

Moonee Ponds Creek walking trail

Distance 3.5kms Melway reference 16 D5



Moonee Valley Language Line

TTY 9243 9170

عربى	Arabic	9280 0738	Somali	Somali	9280 0743
中文	Cantonese	9280 0739	Español	Spanish	9280 0744
Hrvatski	Croatian	9280 0740	Türkçe	Turkish	9280 0745
Ελληνικά	Greek	9280 0741	Việt-ngữ	Vietnamese	9280 0746
Italiano	Italian	9280 0742	All other languages		9280 0747



A pleasant 3.5 kilometre walk with Boeing Reserve as its base, the Moonee Ponds Creek Trail is a nature lover's delight.

The creek is home to a variety of bird life and many different types of vegetation. It also has an interesting history, having provided surveyors with parish boundaries and pioneers with the water necessary for their settlement's survival. In 1874, local butchers Gargill and Butler were ordered to move their slaughter house from the banks of the Moonee Ponds Creek because the residents of Broadmeadows were drawing drinking water from the creek.

Difficulty Easy

Surface Bitumen

Limited wheelchair access This trail can be accessed from the boeing reserve car park. The trail is bitumen and suitable for people using wheelchairs

Bus information For bus information on the return journey see map or 'getting home again' section

References (Greening Australia Victoria), Yarra Corridor Eco-Tourism Guide, Guide Four.

(Regional Guide Victorian Geology), John McAndrew, 1973
(Melbourne Water on behalf of the Moonee Ponds Creek Association), Moonee Ponds Creek Concept Plan, 1992.



1 Boeing Reserve

A major feature of Boeing Reserve is the presence of the Essendon Airport to the south. If you rest on the grass or a bench for a while, you should be able to see some aircraft taking off or landing from the North-South Runway.

Essendon Airport opened in 1921 and has grown steadily over the years until it reached its current dimensions in 1970. Due to a lack of space, the airport was unable to cater for large passenger jets. This necessitated the building of Tullamarine Airport and Essendon's future as a secondary terminal.

2 Strathnaver Grassland

The Strathnaver Grassland is in an area of native vegetation that has managed to survive human activity. Thanks to a careful revegetation and management program, walkers will be able to gain an appreciation of what this area looked like before white settlement. The original vegetation in the area would have been a few red gums, many shrubs, grasses, mosses and lichens. The predominant lichen growing in Strathnaver Reserve is estimated to be up to 100 years old. This area has managed to survive clearing and mowing because of the rocky escarpment on which it is found.



3 Strathnaver Reserve

This part of Moonee Valley is part of a vast lava plain that covers a large part of Victoria and Melbourne's west. This lava cooled to form basalt, a rock that has figured prominently in Victoria's architecture. The basalt in this area of Moonee Valley is about 16-23 million years old. Western Victoria was dotted with many active volcanoes. These volcanoes laid down extensive lava plains that account for the flat landscapes and rocky outcrops that characterise Victoria's west.

4 Lebanon Reserve

Lebanon Reserve marks the end of the Moonee Ponds Creek Walk. The track you are following continues on along Moonee Ponds Creek beyond Flemington to Footscray Road, although the creek is concreted for a large part of the journey to where it meets the Yarra River in Melbourne's docklands. This is a long way from the creek's origins near Greenvale in Melbourne's north.



Moonee Ponds Creek walking trail

Getting home again

The most obvious way to return to the starting point is to walk back up the creek. However, should you be a little leg weary, a less strenuous way to return to Boeing Reserve is to walk along Melissa Street, turn right at Lebanon Street and walk to Fenacre Street. From there, you can catch the Number 501 bus to Boeing Road and Boeing Reserve where you started the walk.

